

CUMBERLAND GASTROENTEROLOGY, P.S.C.
56 Tower Circle
Somerset, KY 42503
Phone (606)677-2913 Fax (606)677-6983

UPPER ENDOSCOPY AND ERCP INSTRUCTION SHEET

YOU WILL BE CONTACTED THE DAY BEFORE WITH THE TIME TO ARRIVE

5 DAYS BEFORE YOUR PROCEDURE – DO NOT TAKE: Aspirin or aspirin products, Iron Pills or multi-vitamins unless otherwise instructed by your physician. You may take all other medications unless otherwise instructed by your Physician.

If you take any type of blood thinner, (Plavix, Coumadin, Effient, Pradaxa) we will contact your cardiologist and contact you with specific instructions. If you are unsure, please contact our office.

1. DO NOT EAT: popcorn, nuts or other seeds 5 days before the procedure

DAY OF THE PROCEDURE: Leave all jewelry at home. Wear cotton socks and underclothes; such as a sports bra without metal. Do not wear lipstick, earrings hair sprays or oils the day of the exam.

1. On the morning of the exam, do not eat or drink anything up to 6 hour before the exam; unless you are prepping for a colonoscopy (follow the colonoscopy instructions sheet)
2. Please notify staff if you are diabetic. **Do Not Take Oral Diabetic Medications or Insulin on the Morning of the exam.**
3. If you are taking heart, seizure, blood pressure, or breathing medications please be sure to take them about 6 am with a sip of water.
4. If you use Inhalers for breathing problems, please bring them with you to your procedure.

Please bring a list of all medications (name, dose and how many times you take them) the day of the procedure. You will be administered sedation to make your test more comfortable. The medication administered impairs thinking and mobility. You must be accompanied by a responsible driver who can take you home. You will not be allowed to take a public convenience or to drive your own car. You should not drive a car, operate machinery or ingest alcohol for 24 hours.

If your procedure is scheduled at Lake Cumberland Surgery Center, please be advised Dr. Cook and Dr. Horn have an ownership interest in the center, as do most of the physicians that work there. They do have privileges at Lake Cumberland Regional Hospital and Somerset Surgery Center as well. Your procedure may be scheduled at either facility