

SUPREP

Begin clear liquid diet – 1-2 days before the exam as directed by your provider

6:00 PM Take 1 of the 6 ounce bottles of Suprep. Pour it into the cup provided and fill it to the red line with cold water. Drink this within 30 minutes and then drink 2 more glasses of any clear liquid.

Do not drink any liquids after midnight, except the prep.

THE DAY OF YOUR PROCEDURE: 3 HOURS BEFORE YOUR COLONOSOCPY

Drink the second bottle of Suprep. Pour it into the cup provided and fill it to the red line with cold water. Drink this within 30 minutes and then drink 2 more glasses of any clear liquid.

AFTER SEDATION WITH ANY PROCEDURE

No Driving or operating Heavy Machinery for 24 hours.

Do Not Make any Legal Decisions or sign any legal documents for 24 hours

You will not be able to return to work until the morning after your procedure.

If you experience any of the following symptoms, please contact the office immediately at (606) 677-2913. If the office is closed, contact the Hospital operator at Lake Cumberland Regional Hospital and they will page our physician on call (606) 679-7441

- ABDOMINAL PAIN
- VOMITING
- FEVER
- BLOOD PER RECTUM
- CHEST PAIN

All Biopsy results will be available in 7-14 days after the procedure and will be discussed at your follow up appointment in our office, unless your physician instructs you otherwise.