

## MOVIPREP

If you have congestive heart failure, renal (kidney) insufficiency, or liver disease – **DO NOT TAKE THIS PREP.**

**Begin Clear liquid diet 1-2 days before the exam, as directed by your provider**

### **THE DAY BEFORE YOUR PROCEDURE, IN THE MORNING**

1. Empty 1 pouch A and 1 pouch B into the disposable container
2. Add lukewarm drinking water to the top line of the container. Mix to dissolve. Refrigerate.

### **BEGINNING AT 6 PM**

1. Every 15 minutes drink the solution down to the next mark, until the full container is consumed
2. Drink 16 oz. of clear liquid of your choice. This is necessary to ensure adequate hydration and an effective prep.

### **BEFORE GOING TO BED**

1. Empty 1 pouch A and 1 pouch B into the disposable container
2. Add lukewarm drinking water to the top line of the container. Mix to dissolve. Refrigerate.

### **THE MORNING OF YOUR PROCEDURE 3 HOURS BEFORE THE APPOINTMENT TIME:**

1. Every 15 minutes drink the solution down to the next mark, until the full container is consumed
2. Drink 16 oz. of clear liquid of your choice. This is necessary to ensure adequate hydration and an effective prep. **Do Not Drink anything after this.**

## **AFTER SEDATION WITH ANY PROCEDURE**

No Driving or operating Heavy Machinery for 24 hours.

Do Not Make any Legal Decisions or sign any legal documents for 24 hours

You will not be able to return to work until the morning after your procedure.

If you experience any of the following symptoms, please contact the office immediately at (606) 677-2913. If the office is closed, contact, contact the Hospital operator at Lake Cumberland Regional Hospital and they will page our physician on call (606) 679-7441

- ABDOMINAL PAIN
- VOMITING
- FEVER
- BLOOD PER RECTUM
- CHEST PAIN

All Biopsy results will be available in 7-14 days after the procedure and will be discussed at your follow up appointment in our office, unless your physician instructs you otherwise.