

AIR CONTRAST BARIUM ENEMA

TWO DAYS BEFORE THE EXAM

1. Begin a clear liquid diet 2 days before the exam. Drink plenty of liquids

ONE DAY BEFORE THE EXAM

2. Continue clear liquid diet. Drink plenty of liquids
3. At 1:00 pm, drink one 8 oz cup of water
4. At 3:00 pm, drink a 10 oz bottle of Clear Magnesium Citrate Laxative.
5. Continue to drink plenty of liquids
6. At 6:00 pm take 3 Docolax Laxative tablets
7. At 8:00 pm drink one 8 oz cup of water
8. At 10:00 pm drink one 8 oz cup of clear liquid
9. Nothing to eat or drink after midnight